

Little Hayes and Speedwell Nursery Federation



Little Hayes Nursery School

Symington Road
Fishponds
Bristol
BS16 2LL

☎ 0117 9030405

✉ littlehayesn@bristol-schools.uk

🌐 www.littlehayes.org

Headteacher: Ms Jet Davis

Speedwell Nursery School

Speedwell Road
Speedwell
Bristol
BS5 7SY

☎ 0117 9030329

✉ speedwell.n@bristol-schools.uk

🌐 www.speedwellnurseryschool.com

Headteacher: Ms Jet Davis



Dear Parent and Carers,

Some parents have been asking for information and guidance about lunchtime. Lunchtime is a very important part of the nursery day. We want to make lunchtime a calm and enjoyable experience for all of the children and have thought carefully about how best to achieve this.

There are always lots of familiar adults to support the children at lunchtime. We encourage them to sit at the table with their peers and make the mealtime a very sociable experience. We will help children to remember to eat their savoury items first, and to have a try of everything in their lunchbox. We are also on hand to help open any tricky packaging. When everyone has finished eating the children usually play outside for a short period whilst everything is cleared up.

Guidance for lunchboxes at nursery

Please make sure that your child's lunch is in a bag or box **clearly labelled with their name**.

Please do not include any nuts or nut products – including peanut butter or chocolate hazelnut spreads such as Nutella.

Please do not include chocolate bars or sweets.

Please do not include fruit juice, squash or fizzy drinks. We provide a choice of water or milk to drink at lunchtime and snack time. Children can bring their own water bottle if they wish.

No cutlery is needed as we have cutlery available for children to use e.g. spoons for yoghurt.

Popcorn can be a choke hazard for children under 5, please do not include it.

Foods such as grapes and cherry tomatoes must be cut lengthways to reduce risk of choking.

Sorry but we are not able to reheat any foods for children.

We hope this information is helpful and please talk to your key person or myself if you have any queries regarding lunchtimes at nursery.

Yours faithfully,

Jet Davis

Ms. Jet Davis
Head Teacher
Little Hayes and Speedwell Nursery Schools Federation